



Western Cape  
Government

Education

Directorate: Curriculum GET

Quality  
learning  
@ home



**GET Term 2 Take Home Package**

**Life Skills: PSW**

**Grade 6**

**Activity 1:**

Read the following scenarios about peer pressure and answer the questions based on it.



1.1 Provide the name of the person you think are being pressured in the scenario. (1)

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1.2 What is the boy with the can in the hand, trying to force him to do? (1)

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1.3 Is having alcohol good for young children? Give reasons for you answer. (3)

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1.4 What type of bullying is this called? (1)

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1.5 If you were to give Ricardo advice, what would you say? (2)

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**Activity 2:**

Match the definitions in **Column A** with the correct term in **Column B** and write the correct **LETTER** in **Column C**.

Column A	Column B	Column C
2.1 Bullying	A. Are things you can do well	2.1
2.2 Peer Pressure	B. Being worthy of honour and respect.	2.2
2.3 Rite of passage	C. When someone forces you to do something you don't want to do.	2.3
2.4 Dignity	D. This is an important event that happens at a stage of development or growth in our lives.	2.4
2.5 Abilities	E. When somebody deliberately tries to hurt, scare or upset another person.	2.5

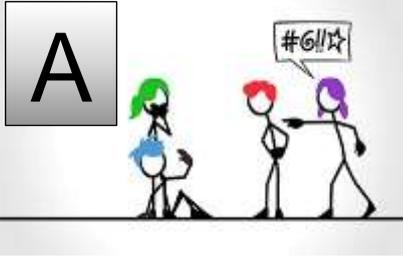
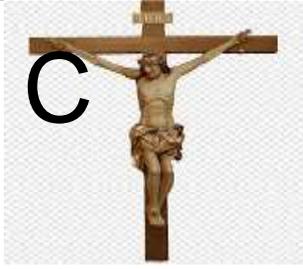
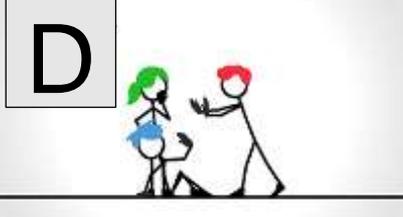
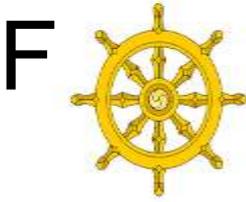
**Activity 3: Multiple choice**

Click on the link or use the QR code to complete this question:

Link	QR code
<a href="#">Activity 3: Multiple choice</a>	
<a href="#">Activity 4: Multiple choice</a>	

**Activity 3: (Alternative activities, if you don't have access to QR scanner)**

Choose ONE answer that is most suitable/more appropriate for the following:

 <p>A</p>	 <p>B</p>	 <p>C</p>
<p>Verbal Bullying Physical Bullying Social Bullying Cyber Bullying</p>	<p>Aqiqah Bar Mitzvah Marriage Vivaha</p>	<p>Christianity Islam Buddhism Judaism</p>
 <p>D</p>	 <p>E</p>	 <p>F</p>
<p>Physical Bullying Verbal Bullying Social Bullying Cyber Bullying</p>	<p>Aqiqah Bar Mitzvah Marriage Vivaha</p>	<p>Islam Buddhism Judaism Christianity</p>

**Activity 4 : Fill in the missing words**

insecure	esteem	isolation	bullying
increases	withdrawn	depressed	together

What

happens if the bullying goes on? Complete the text with the words from the list above.

It affects teens' self \_\_\_\_\_ and feelings of self-worth, it \_\_\_\_\_ their social \_\_\_\_\_. So let's come \_\_\_\_\_ to stop teen \_\_\_\_\_, leading them to become \_\_\_\_\_ and \_\_\_\_\_, anxious and \_\_\_\_\_.

**Activity 5: Bullying**

Colour in the following acronym to remind you to speak with good intentions.

(Acronym: is when you use each first letter of a word to help you remember important points)

**THINK**

**Before you speak:**

<b>T</b>	= is it True?
<b>H</b>	= is it Helpful?
<b>I</b>	= is it Inspiring?
<b>N</b>	= Is it Necessary?
<b>K</b>	= is it Kind?

5.1 If you think you might be guilty of bullying, discuss three things you can do to change it?

1.

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2.

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3.

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## **Activity 6: Bullying Case Study**

Thandeka was a newcomer at Angelique's school. Both girls were confident and quite bossy and Angelique decided that she didn't like Thandeka. Angelique was a natural leader and she was able to convince everyone in her group to tease Thandeka, who she knew had just recovered from having the Corona Virus. Thandeka felt like an outcast.

One day when the class was on an outdoor camping excursion, Thandeka decided to stand up for herself. She screamed at Angelique when she laughed at her and started name calling her but Angelique denied it. A girl, spoke up and said that she had seen Angelique frequently mocking Thandeka. After the girl stood up for Thandeka, the control Angelique had held over the other girls broke and they all admitted to part of the bullying.

The camp director spoke to Angelique alone and discovered that as a child, she had done well at school and sports, she was happy and felt secure. Slowly, however, things started to go wrong when her dad died in a car accident. She befriended a group of tough girls and decided that she wanted to be like them because nothing ever seemed to hurt them. Before long she was getting into fights and intimidating the weaker girls at school.

The camp director then spoke to the group and explained that Angelique's behavior was due her emotional trauma. At first, Angelique was angry with her friends, but then realized that they feared that they would be bullied by her. She decided to apologise to Thandeka and the other girls. It took many months but Thandeka and Angelique developed a strong friendship.

### **Answer the questions:**

6.1 How did Angelique manage to get all of her friends to ignore Thandeka? (2)

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6.2 What caused the bullying to stop? (2)

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6.3 Why had Angelique's friends gone along with the plan to bully Thandeka? (2)

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6.4 Name TWO things that influenced Angelique intimidating behavior? (2)

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6.5 What realization did Angelique come to? (2)

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6.6 Can you identify with anyone in the story? Perhaps you have been bullied or maybe you have bullied someone else? Perhaps you were part of a group that bullied someone, or, possibly, you have stood up for someone who was being bullied? Write a few lines that describe your experience or thoughts about this? (3)

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6.7 Was it a good idea for the camp director to talk to Angelique? Why? (3)

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6.8 Has Corona Virus affected you and your family in any way? Explain. (2)

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6.9 Is it fair to treat someone the way Angelique treated Thandeka? Why? (2)

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**Activity 7**

Look at the poster below on the Concept of Self- Management Skills.

Stay positive in the time of lockdown and answer the questions that follow:



7.1 What does Lockdown mean to you?

(2)

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7.2 What have you done during lockdown that you have never done before?

(3)

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7.3 Add something to the poster that is important to stay positive in lockdown?

(1)

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7.4 Create your own poster, as the one above, with your own responsibilities /duties, to ensure that you do not forget what to do every day.

(6)

